

McLaren Oakland Hospital

PMSR with RRA Certification



Residency Program

Program Director

Zeeshan S. Husain, DPM

zeeshan.husain@mcclaren.org

1

Program Director

- **Zeeshan S. Husain, DPM**
 - Education
 - Undergrad MIT
 - Podiatry Scholl
 - ABFAS Board Certified
 - Training
 - Residency- PMS-36
 - Advanced surgical skills
 - External fixation
 - Arthroscopy
 - Orthoplastics
 - Minimally-invasive surgery
 - Publications- 18
 - Presentations
 - Nationally
 - Locally
- Training residents since 2003
 - Program director since 2018
 - Graduated 75 residents
 - 9 fellows
 - 5 directors



2

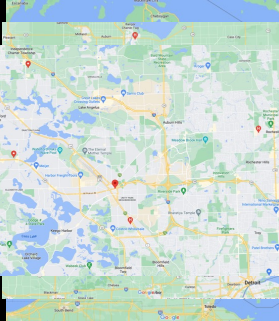
Program Overview

- **Core faculty**
 - 10 at primary sites
- **Clinic experiences**
 - Resident clinic
 - Private clinics
 - Wound center
- **Call**
 - McLaren Oakland only
- **Surgery**
 - Full-scope
- **Weekly academic meetings**
 - Zoom Meeting Wednesdays 6PM EST
 - <https://msu.zoom.us/j/93525187410?pwd=U0JSc1RlRkVkdMOUJhbnVmaxUlhGZjI0Oj09>
 - Meeting ID 935 2518 7410
 - Passcode 432078
- **Over 110 residents and fellows in training**
- **Affiliated with Michigan State University**
- **PMSR/RRA**
 - 2 – 2 – 2
- **CPME**
 - Site visit 04/22/2022
 - Accreditation till 2027

3

McLaren Oakland Hospital

- **Surgery centers**
 - Clarkston
 - Waterford
- **Hospitals**
 - McLaren Oakland
 - Trinity Health Oakland
 - Ascension Rochester
 - McLaren Lansing
 - McLaren Bay
 - McLaren Flint
 - War Memorial (elective)



4

Facilities

- **McLaren Oakland Hospital**
 - 328 beds
 - Level II ER
 - Primary facility and rotations
- **McLaren Bay Hospital**
 - 404 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Flint Hospital**
 - 378 beds
 - Level III ER
 - Podiatric surgery




5

Facilities

- **McLaren Lansing Hospital**
 - 240 beds
 - Level III ER
 - Podiatric surgery/clinic
- **McLaren Health Care**
 - State-wide footprint
- **Ascension Rochester Hospital**
 - Podiatric surgery
- **Trinity Health Oakland Hospital**
 - Podiatric surgery
- **War Memorial**
 - Podiatric surgery (elective)




6

Facilities

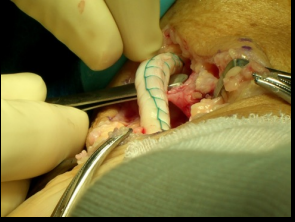

- **Foot and Ankle Volume**
 - 1000 cases total annually
 - Full scope foot and ankle surgery
 - Elective
 - Reconstructive
 - Charcot
 - Flatfoot
 - Revisional
 - Frames
 - Trauma
 - Arthroscopy
 - Minimally-invasive procedures
 - Ankle replacement




7

Philosophy

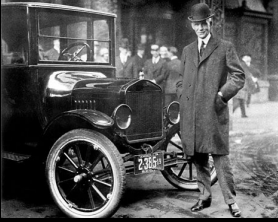

- Each year, residents build on their previous year with increasing responsibilities and greater exposure to challenging cases.

8

Philosophy

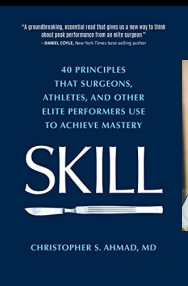


- *"Before everything else, getting ready is the secret of success."*
- *"Obstacles are those frightful things you see when you take your eyes off of your goal."*
- *"Everything comes to him who hustles while he waits."*
- *"Most people spend more time and energy going around problems than trying to solve them."*
- *"Life is a series of experiences, each of which makes us bigger, even though it is hard to realize this. For the world was built to develop character, and we must learn that the setbacks and griefs which we endure help us in our marching onward."*

9

Philosophy



- Define skills needed in the operating room
- Recognize how to improve surgical skills
- Developing discipline to achieve mastery
- Critique performance through reflection

10

PGY-1 Experiences

- Anesthesia 2wk
- Dermatology 2wk
- Emergency Medicine 4wk
- Infectious Disease 4wk
- Internal Medicine 4wk
- Pathology 2wk
- Radiology 2wk
- **On-service- 7mo**
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics

11

PGY-2 Experiences

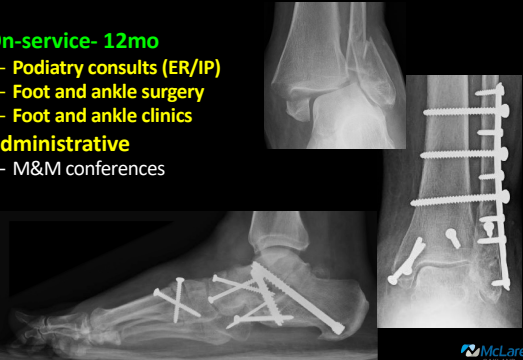
- Behavioral Medicine 2wk
- Orthopedic Surgery 4wk
- Pain Management 2wk
- Vascular Surgery 4wk
- **On-service- 9mo**
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics




12

PGY-3 Experiences

- **On-service- 12mo**
 - Podiatry consults (ER/IP)
 - Foot and ankle surgery
 - Foot and ankle clinics
- **Administrative**
 - M&M conferences



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13

PGY Highlights

- **PGY1**
 - Primary call
 - 50 weekdays
 - 25 weekends
 - Holidays
 - 7mo on-service
 - Second assist
 - Preparing for becoming first assist
 - Initiate research project(s)
- **PGY2**
 - Primary call
 - 50 weekdays
 - 25 weekends
 - 9mo on-service
 - Finish MAV by end of year
 - Surgical subspecialties
- **PGY3**
 - Call- 30 weekdays
 - 12mo on-service
 - Fine-tune training
 - Teaching

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14

Academic Responsibilities

- Lectures
- M&M conferences
- Cadaver workshops
- Hospital rounds
- Weekly didactics
 - Case presentations
 - Board review
 - Radiology rounds
 - Journal club
- Research
 - State abstract competition
 - Research faculty (PhD)
- Teaching




Residents are expected to be independent active learners and share with fellow residents

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15

Externship Overview

- Up to 2 students per month
- Students are second assistants
- Participate in private and teaching clinics
- Assist with ER and floor rounds
- Hands-on experiences
- Core externships available
- Private clinic
- Active discussion during academic meeting and clinic
- Student presentation




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16

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- **CPME approved**
 - PMSR/RRA
 - 2-2-2
 - Site visit 2022
- **Stipend- 2024-2025**

		Educational
– PGY1	\$57,165	\$1000
– PGY2	\$58,880	\$1500
– PGY3	\$60,646	\$1500
• Chief	\$2,000	
- **Cost of living**



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17

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- **Benefits**
 - **Insurance**
 - Medical
 - Dental
 - Vision
 - Life
 - FSA participation
 - **Vacation**
 - 20 days
 - **Meal allowance**
 - **Well-being activities**
- **Covered expenses**
 - Workshops
 - ACFAS Surgical Course PGY1
 - ACFAS Arthroscopy PGY2
 - Limb Deformity Course PGY3
 - ACLS/BLS
 - MI / DEA license
 - Lab coats
 - Scholarly activity- travel
 - Board Wizard®
 - Professional memberships
 - ABFAS/ABPM ITE
 - Travel expense
 - Lansing

<https://www.mclaren.org/gme-medical-education/information-for-residency-applicants-oakland>

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18

Current Residents


- **PGY-3**
 - Abraham Adam IL
 - Andrew Kanny IL
- **PGY-2**
 - Athanasios Garbis IL
 - Kyle Lawton IL
- **PGY-1**
 - Manuel Cohen OH
 - Shweta Saxena IL



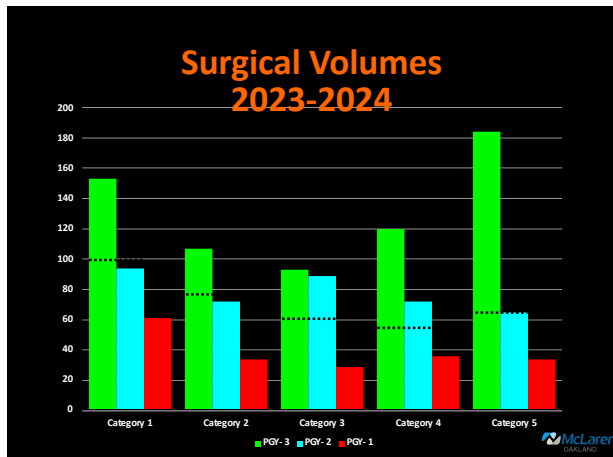

19

Surgical Volumes 2023-2024

Surgical Log Averages	PGY-3		PGY-2		PGY-1		Minimum PMSR/RRA
	1 st	2 nd	1 st	2 nd	1 st	2 nd	
Category 1- Digital	153	39	94	7	61	8	80
Category 2- First Ray	107	34	72	7	34	6	60
Category 3- Other Soft Tissue	93	18	89	4	29	3	45
Category 4- Other Osseous	120	25	72	6	36	3	40
Category 5- Reconstructive Rearfoot/Ankle	184	41	65	11	34	11	50
Totals	656		391		193		



20




21

Recent Alumni

Year	Graduate	City	State	School
2024	Justin Adame	Corpus Christi	TX	IL
	Victor Putz	Bay City	MI	OH
2023	Stephanie Behme*	Ann Arbor	MI	IL
	Sean Kipp	St. Croix Falls	WI	IL
2022	Vincent Lefler	Midland	MI	IA
	Pooja Srivastava	Farmington Hills	MI	NY
2021	Cody Ingram	Roseville	MI	NY
	Mohammad Qureshi	Augusta	GA	IL
2020	Rishi Mahajan	Taylor	MI	IL
2019	Paul Constantino	Royal Oak	MI	IL
	Andrew Miller	Brownville	ME	CA-N
2018	Sean Nagle	Angola	NY	CA-S
	Alan Wang	Essexville	MI	IL

*-Fellowship



22

Local Attractions

- Detroit Institute of Arts
- Belle Isle
- Detroit Grand Prix
- Motown Museum
- Woodward Dream Cruise
- Campus Martius





23

Entertainment

- **Nightlife**
 - Downtown Detroit
 - Royal Oak
 - Birmingham
 - Ferndale
- **Family**
 - Ann Arbor
 - Traverse City
 - Sleeping Bear Dunes
 - Fall color tours
 - Mackinac Island
 - Upper Peninsula
 - Pictured Rocks











24

Contact Information

- **Zeeshan Husain, DPM**
 - Program Director
 - zee@alum.mit.edu
 - 313-610-5059 (cell)
- **Judy Guthro**
 - Program Coordinator
 - judy.guthro@mclaren.org
 - 248-338-5259
- **Website**
 - <https://www.mclaren.org/gme-medical-education/mclaren-residency-programs/14#>
- **Weekly academic meeting**
 - Zoom®
 - Wednesdays 6PM EST
 - Meeting ID
 - 935 2518 7410
 - Passcode
 - 432078
 - <https://msu.zoom.us/j/93525187410?pwd=U0Jsd1BaVkdMOHhwWmgxUlhGZjd3QT09>



25

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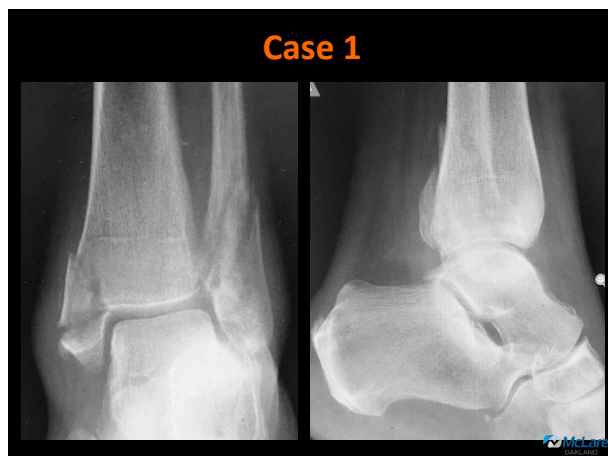
26

Case 1

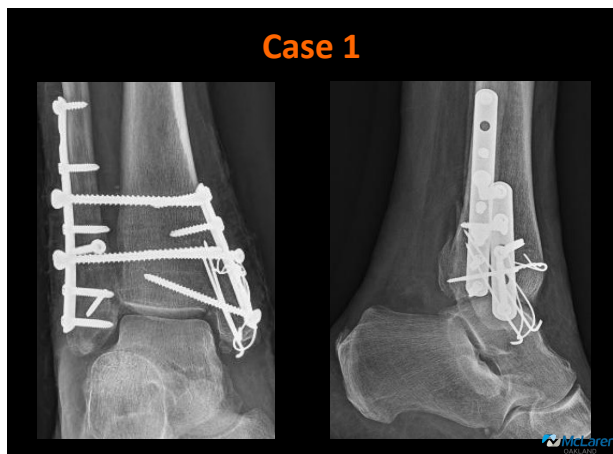
- **57yr old female**
 - R ankle pain from fall from syncopal episode
- **Past medical history**
 - DM neuropathy
 - Fibromyalgia
 - Coronary artery disease
- **Social history**
 - 15 pack/yr smoker
 - Lives alone
- **Past surgical history**
 - Cardiac stent
 - Lower back cage
 - Right shoulder repair



27



28



29

Case 2


- **62yr old female**
 - Previous 4th and 5th ray resections
 - Ankle contracting
 - Lateral wound
- **Past medical history**
 - DM neuropathy
 - Controlled
 - Peripheral arterial disease
 - Recent atherectomy




30

Case 2

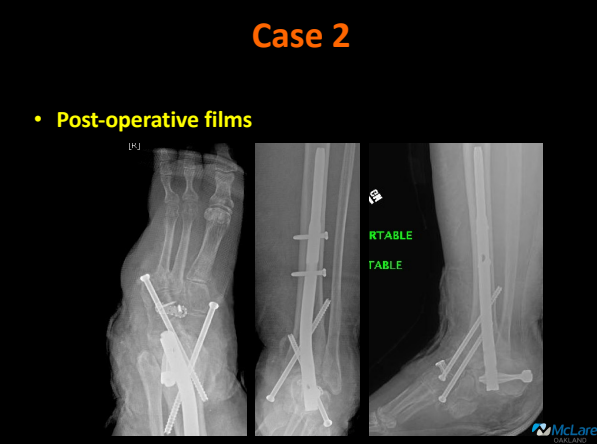
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 - Previous 4th and 5th ray resections
 - Ankle contracting
 - Lateral wound
- **Past medical history**
 - DM neuropathy
 - Controlled
 - Peripheral arterial disease
 - Recent atherectomy



31

Case 2

- **Post-operative films**



32

Case 2

- **Post-operative**



33

Case 2


- **Final outcome**



34

Case 3

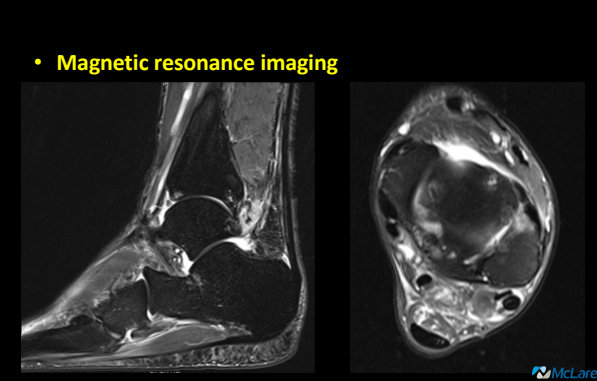
- **57yr old male**
 - Chronic ankle sprains
 - Progressive pain x1mo
- **Past medical history**
 - None
- **Physical examination**
 - Pain along peroneal tendons laterally
 - Ecchymosis near cuboid



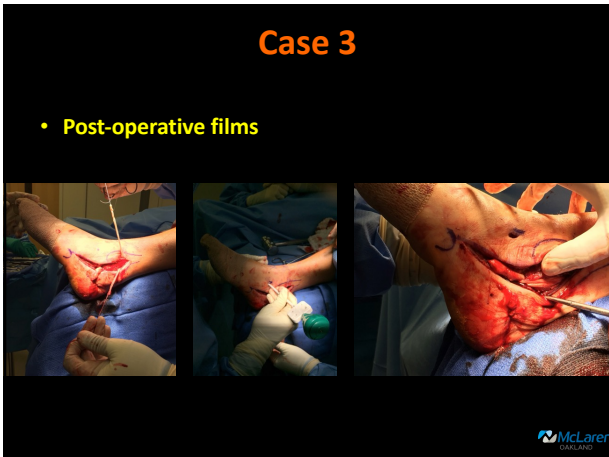
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Case 3

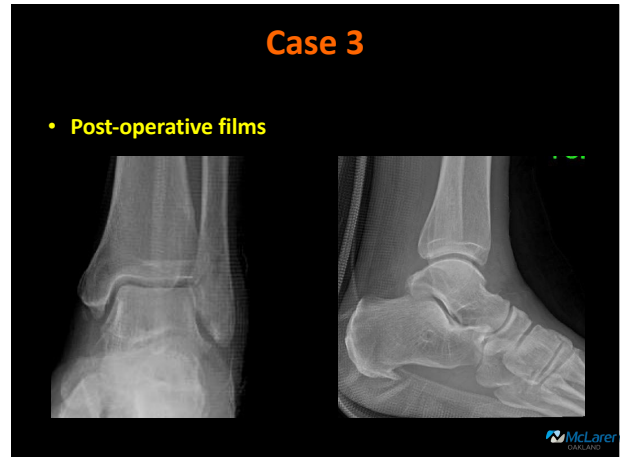
- **Magnetic resonance imaging**



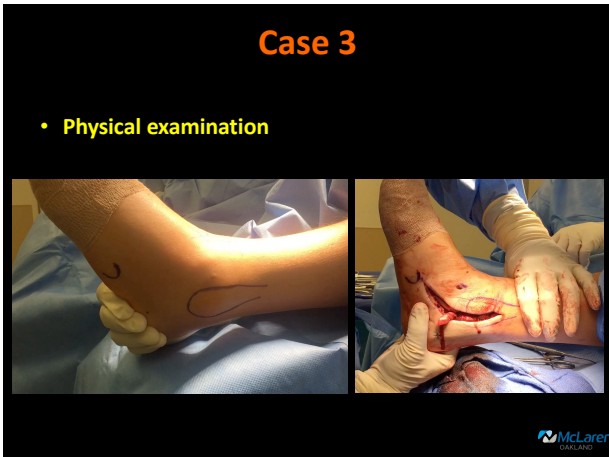
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37



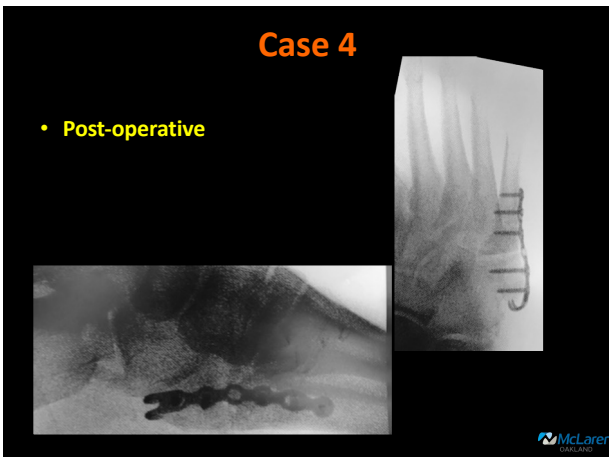
38



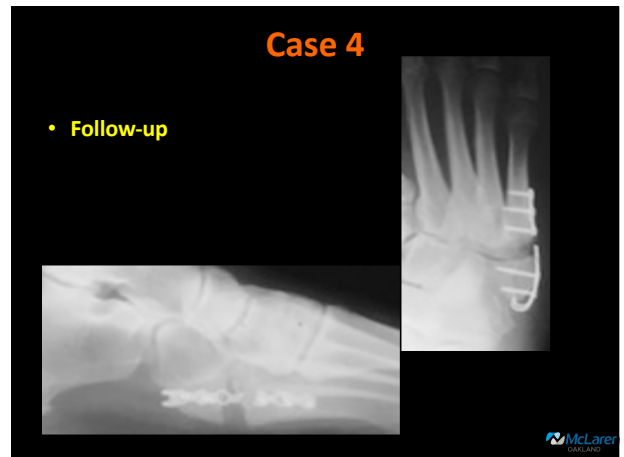
39



40





41



42

Case 4



- **Revision**

43

Case 5



- **58yr old male**
- **Past medical history**
 - Pilon ORIF (1yr ago)
- **Social history**
 - 20ppy smoking history
 - Alcohol 1-2 daily
- **Medications**
 - Methadone

44

Case 5



- **Post-operative**

45

Case 6

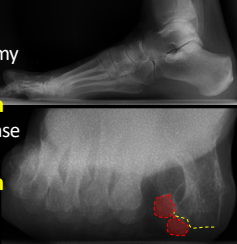


- **76yr old female**
- **Past medical history**
 - Previous bunionectomy
- **Physical examination**
 - Coronary artery disease
- **Physical examination**
 - 1st MPJ ROM 40° (no crepitation)
 - Reducible hallux

46

Case 6




- **76yr old female**
- **Past medical history**
 - Previous bunionectomy
- **Physical examination**
 - Coronary artery disease
- **Physical examination**
 - 1st MPJ ROM 40° (no crepitation)
 - Reducible hallux

47

Case 6

- **Post-operative**

48

Case 7

- 31yr old female
- **Social history**
 - Former heroine abuser (clean x2yrs)
 - 2ppd smoker x5yrs
 - Has 3yr-old child




49

Case 7



- 31yr old female
- **Social history**
 - Former heroine abuser (clean x2yrs)
 - 2ppd smoker x5yrs
 - Has 3yr-old child




50

Case 7

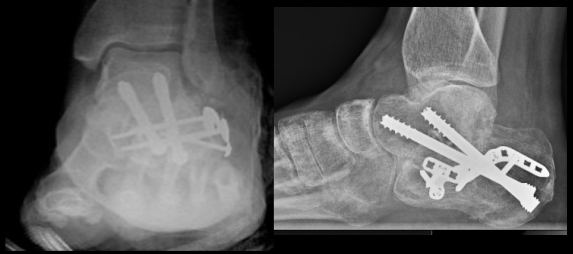

- **Computer tomography**

51

Case 7



- **Post-operative**

52

Case 8

- 74r old female
- **Past medical history**

53

Case 8

- **Post-operative**




54

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55